

The Airthrey Dance Trail

Immerse yourself in nature with dance and poetry from local artists to inspire your journey.

The Airthrey Dance Trail is a series of dance films by dancer Grace Turner, film-maker Michael Rea and poet Frances Ainslie. The films are inspired by the beautiful landscape and nature around the University of Stirling Campus.

Follow the map on an hour long journey around Airthrey Loch, scan the qr codes on the next page to watch the film inspired by each location.

Dance film key

- 1 Loch
- 2 Forest
- 3 Island
- 4 Hornbeam
- 5 Laurel
- 6 Castle Garden
- 7 Reflection

Additional areas of interest key

- A 21 June 1985 Sculpture by Hironori Katagiri
- B Shoe Sculpture by Diane Maclean
- C Historic Standing Stone
- D The Garden of Time
- E Wing Sculpture by Diane Maclean
- F Airthrey Castle





1 Loeh

*'Sense the wonder of what lies beyond'**

Consider the inspiring power of nature, suspend yourself in this moment in time. Look beyond the Loch and the Ochils, and ask 'What if?'



5 Laurel

*'A squirming playful forest ferlie'**

Imagine back to playing hide and seek and discovering this den. Follow the twisted growth of this playful tree, your own hidey-hole from which to plan adventures.



2 Forest

*'We beg the darkening clouds to scatter, let the forest breathe with light.'**

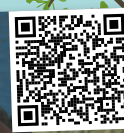
So often we are trapped in the racing wind tunnel of our thoughts. A storm of your own creation. Escape to the forest and take time to breathe.



6 Castle Garden

*'Moss lays bare times passage, muffles footsteps from centuries past'**

The fleeting nature of our footsteps have travelled these paths. The moss creeps, cradles, and cushions, eventually the footprints will fade.



3 Island

*'Being here...'**

Ever wondered what it is like to fly? This landscape holds an abundance of birdlife, swans, ducks, oyster catchers, coots. Follow their flight paths, watch them soar and dream to join them.



7 Reflection

*'Carry keepsakes from this place'**

Before you return to reality, look back on your journey. Reflect on the things you have seen, the poems you have heard and the changes you may have experienced in yourself.





4 Hornbeam

*'She nurtures and holds stories'**

She has weathered two hundred years in the heart of the forest living through the seasons. What folklore could she tell of those who have paused for reflection beneath her cavernous branches?

Thank you for taking this time to enjoy the Airthrey Dance Trail.

www.turnarounddancetheatre.co.uk

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